



GLENDOWER PREPARATORY SCHOOL SWIMMING GOGGLES POLICY

This policy has taken into consideration advice from the ASA's 'Guidance and Information on Use of Swimming Goggles'.

Year 2:

In Year 2, goggles are not to be worn during the Autumn Term but may be worn from the Spring Term onwards.

It is considered that part of the experience of learning to swim is for a child to be able to deal with splashing in the face and the ability to open their eyes whilst the face is immersed and swim under water with confidence. These attributes would improve the child's ability to cope in a water related incident in a canal, pond or river.

Based on this advice from the ASA, we will teach girls to swim without goggles at the beginning of Year 2 (Autumn Term). The pool water is maintained in good condition, it is not necessary to wear goggles for the short duration of the school swimming lesson.

In exceptional circumstances, if there is a medical issue surrounding pool water chemicals that warrants the use of goggles, we will make allowances. However, a medical certificate will need to be supplied to the school explaining the necessity of goggles.

Year 3 – 6

From Year 3, students are encouraged to wear goggles for the whole year. However, they are not compulsory, and girls may choose not to wear them if they prefer.

Wearing Goggles:

Achieving the perfect fit can prove to be extremely time-consuming and a source of frustrating distraction for girls during lessons. It is important to choose a pair that fit comfortably yet are tight enough to be leak proof. Care must be taken when fitting them to ensure that they do not recoil back quickly and cause injury.

Please ensure all goggles are clearly labelled