



GLENDOWER PREPARATORY SCHOOL SPORT SELECTION POLICY

The PE Department strives to ensure lessons and fixtures are enjoyable, inclusive, nurturing and competitive.

All girls should have the opportunity to compete against other schools, and those with a particular aptitude for an activity should be able to enhance their skills and compete at a high level within school competition.

The PE Department will base their selection for clubs and teams on a series of criteria, as stated below. This selection will be considered and monitored throughout the year and changes to squads/ teams may be made at regular intervals. If a girl is not able to attend a club or squad for any reason, the teacher/coach **MUST** be informed in advance. Failure to inform the teacher more than 3 times per term may result in the child losing her place in the club/squad.

In exceptional circumstances, girls may be excused from certain clubs/ squads if there is a **direct conflict** with external commitments of a similar nature. These circumstances will be dealt with case by case, at the discretion of the PE teachers. We would expect girls to attend school training sessions as much as possible.

Swimming Selection:

Due to limited access to pool space, all extra-curricular swimming clubs will be attended by invitation only, based on the criteria below. Whilst we acknowledge that competition for places is high, numbers have to be restricted for health and safety reasons.

Extra Swimming (Year 3-6):

This club will be open to a small selection of girls who are showing potential in curriculum lessons. This potential could be shown in the form of timed laps, application and focus in lessons and response to feedback. ALL girls will continue to be monitored in lessons and, should a girl show increased promise at any point in the year, they may be invited to Extra Swimming. Similarly, if a girl is invited to Extra Swimming, yet her attendance is not consistent, she risks losing her place to another girl. NO swimming place is guaranteed for the whole academic year, nor should any girl give up trying for a place at Extra Swimming if they do not have a place at the beginning of the year.

Swimming Squad (Year 4-6):

This club is open to girls attending Extra Swimming who show consistent improvement in their times and techniques. The focus of these sessions is to prepare for local galas and National Competitions.

Due to the higher physical demands of Swimming Squad, the expectation is that girls attend Swimming Squad AS WELL AS Extra Swimming. If a girl fails to attend Swimming Squad for more than three sessions per term, she risks losing her place to another girl.

Glendower Swimming Team (Year 3-6):

To be considered for the Swimming Team, girls are expected to attend Swimming Squad and Extra Swimming. Selection for the team is based on times, attendance at clubs and application in sessions. No place on the team is guaranteed, nor exclusive to one individual/ team combination. Reserves are selected for, and asked to attend, ALL galas. In local friendly galas, reserves will always swim in at least one race. However, in National and/or Regional competitions (eg: IAPS, LSSA, London League), reserves will be asked to attend the gala but may not be called upon to swim. Parents are asked to return consent forms for matches and galas PROMPTLY, to allow for reserves to be selected in plenty of time.

Netball Selection:

Netball Club (Year 4-6):

All girls in Years 4, 5 and 6 are invited to attend Netball Club. Girls are welcome to join the clubs throughout the year, but parents must send consent forms to the relevant teacher prior to their daughter's attendance.

Netball Squad (Year 5-6):

Girls in Years 5 and 6 who show potential/aptitude in Netball Club or in lessons will be invited to practise with the Netball Squad. It is expected that those girls selected for squad will participate in both Monday and Friday sessions. If a girl fails to attend Netball Squad for more than three sessions per term, she risks losing her place to another girl.

Netball Team (Year 4-6):

All girls in Years 5 and 6 will be invited to participate in at least **two** competitive netball matches per year. All girls in Year 4 will be invited to compete in **one** Netball match per year as they are introduced to the game.

Girls wishing to be selected for the A/B teams are expected to attend Netball Squad/Netball Club. Selection for teams is based on ability, attendance at club/squad and application in sessions. Selection for teams A-D will be based on attendance at clubs and performance in Netball lessons. This selection may be subject to change at any time, but girls will be informed of any changes prior to the event. No place on the team is guaranteed, nor exclusive to one individual/ team combination. Reserves are selected for, and asked to attend, ALL matches. In local friendly games, reserves will always play in at least one quarter/half. However, in National and/or Regional competitions (eg: IAPS), reserves will be asked to attend the competition/match but may not be called upon to play. Parents are asked to return consent forms for matches and galas PROMPTLY, to allow for reserves to be selected in plenty of time.

Football Selection:

Football Club (Year 4-6):

All girls in Years 4, 5 and 6 are invited to attend Lunchtime Football Club. Girls are welcome to join the club throughout the year, but parents must send consent forms to the relevant teacher prior to their daughter's attendance. If the club is full, girls will be rotated after the half term to give everyone an opportunity to attend.

Football Team (Year 4-6):

All girls who regularly attend Football Club in Years 4, 5 and 6 will be invited to participate in at least one competitive football match per year.

Girls wishing to be selected for the U11 IAPS 6-a-side team are expected to attend Football Club. Selection for this team is based on ability, attendance at club and application in sessions.

This selection may be subject to change at any time, but girls will be informed of any changes prior to the event. No place on the team is guaranteed, nor exclusive to one individual/ team combination. Reserves are selected for, and asked to attend, ALL matches. In local friendly games, reserves will always play in at least one quarter/half. However, in National and/or Regional competitions (eg: IAPS), reserves will be asked to attend the competition/match but may not be called upon to play. Parents are asked to return consent forms for matches and galas PROMPTLY, to allow for reserves to be selected in plenty of time.

Rounders Selection:

Rounders Club (Year 5-6):

All girls in Years 5 and 6 are invited to attend an afterschool Rounders Club in the Summer Term (Monday Year 6, Thursday Year 5). All girls are welcome to join this club, but parents must send consent forms to the relevant teacher prior to their daughter's attendance. If the club is full, girls will be rotated after the half term to give everyone an opportunity to attend.

Rounders Team (Year 5-6):

All girls who regularly attend the Rounders Club in Years 5 and 6 will be invited to participate in at least one competitive rounders match in the Summer Term.

Girls wishing to be selected for the U11 IAPS team are expected to attend Rounders Club. Selection for this team is based on ability, attendance at club and application in sessions.

This selection may be subject to change at any time, but girls will be informed of any changes prior to the event. No place on the team is guaranteed, nor exclusive to one individual/ team combination. Reserves are selected for, and asked to attend, ALL matches. In local friendly games, reserves will always play in at least one innings. However, in National and/or Regional competitions (eg: IAPS), reserves will be asked to attend the competition/match but may not be called upon to play. Parents are asked to return consent forms for matches and galas PROMPTLY, to allow for reserves to be selected in plenty of time.

Selection of Sports Captains:

Years 4 and 5:

Captains are rotated on a match by match basis to allow for as many girls as possible to experience Leadership in a competitive situation.

Year 6:

Captains will be selected for Netball, Swimming and Football at the start of Year 6. A Rounders Captain will be appointed later in the year, prior to the main tournaments and competitions. Selection of Year 6 Captains will take into consideration commitment to clubs, sportsmanship, enthusiasm and behaviour on and off the sports field. Priority will most likely be given to girls who attend ALL clubs and squads.

In exceptional circumstances, and in light of outstanding sporting ability, we may choose to appoint an overall Sports Captain in addition to the posts named above. The appointment of captains will be made by the PE Department, in consultation with the Senior Leadership Team.

The PE Department will endeavour to make selection for clubs, squads and teams as transparent as possible. All decisions are made with the best interest of the girls at heart, along with the sporting integrity of Glendower Preparatory School.

Thank you for your support of Physical Education at Glendower Preparatory School.